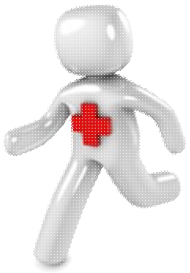
Injuries and Conditions



Welcome to the Somersworth Physical Therapy Injury and Conditions Resource.

We look forward to working with you to reach your goals in health and well being.

This section of our website is designed to provide you with educational information on injuries and conditions.

To explore our educational content, please use the navigation menu.

Our Injuries & Conditions resource is for informational purposes only. Do not diagnose, self treat, or attempt any exercises from the content on this site without contacting Somersworth Physical Therapy, your physician or a qualified specialist first.

At Somersworth Physical Therapy we offer Physical Therapy and Outpatient Treatments.